

## **WHAT IS OUR MISSION?**

Our goal is to increase diversity in healthcare by supporting students who are underrepresented in healthcare fields at every stage of their journey.

## WHO IS ELIGIBLE?

The Community of Support program supports prospective health professions students who are Indigenous, Black, Filipino, socioeconomically disadvantaged, or who identify as having a disability.

## **WHAT DO WE DO?**

The following pages list some of our programs and services. Some others

- CASPer prep: explore strategies to help improve your CASPer performance
  - about topics such as school-specific admissions criteria & application support.
- Biostatistics Enrichment Project: learn how to analyze data from

MSSP





The Newcomer Mentorship Program aims to provide support and guidance to newcomer undergraduate students in Canada who are interested in pursuing a career in the field of Science. This will entail a long-term mentorship with a mentor in their field of interest with the aim to equip students with resources, guidance on career success, and opportunities for networking.

include:

- - Webinars: online seminars
- large population studies.

Each summer, COS runs the MCAT Student Support Program (MSSP), an 11 week prep course which runs from early May to late July for COS members with high financial need who will be writing the MCAT.

MSSP lectures are archived and available for all COS members.



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Community of Support

increasing diversity in healthcare est. 2015



Supporting
Applications, Supporting
Interviews (SASI) provides
members applying to medical school
(Canada, US, Caribbean) with a
medical student mentor to guide you
through your medical school
application and provide feedback
before it is submitted. The following
assistance will be provided between
June to September, depending on
mentor availability:

- autobiographical sketch advice and proofreading
- brief personal essays advice and proofreading
- references advice
- MCAT advice

Once you receive an interview, we will match you with mentors to help you prepare for your interview.

# Ignite breaking down barriers

An annual conference each March for members to:

meet physicians and medical school students learn about Canadian, US, and Caribbean med school applications learn how to strengthen your application

### Sponsors:





























## RASI

Research Application Support Initiative (RASI) is an initiative designed to help COS members with research interests through:

- 1. Providing information/workshops on how to create a good academic CV, professionalism in communicating with principal investigators, characteristics of a good referee, etc...
- 2. One-to-one mentorship to help them develop research CVs and apply for research roles, graduate applications, and applications for thesis
- 3. A limited number of paid research roles



The Community of Support program is expanding its support to other health professions. These include:

- dentistry
- medical radiation sciences
- nursing
- occupational therapy
- pharmacy
- physical therapy
- physician assistant
- public health
- social work

Join COS at applymd.utoronto.ca/community-support

